



The message of Jesus is to teach God's people to love God and love their neighbour. This is the principal concern of his disciples as they teach in his name.



There is a lot of trust in life. A mother told me of the night her son took off in the family car. He was young and not yet a good driver. Of course, she worried and stayed awake hoping to hear the sound of the car coming home. It did come home with a dent or two. But during the time she found herself praying, 'Lord, you love him even more than I do; keep him safe'. She slept a little easier.

So much of life is on trust. We trust in another's love in marriage. We trust the adults who take care of our children in school. We trust in the medical staff and carers who mind our parents and grandparents. We trust that people will make good decisions and try their best in all aspects of their lives. We trust that God will look after us and that there is a heaven. All our lives are lived in trust – small acts of faith in our fellow men and women and a larger act of faith in the one who cares for us most.

The gospel today tells the disciples to trust in their God; not to let life be cluttered by worry and anxiety about money, clothes, food. The Lord will look after us as he looks after the 'birds of the air and the lilies of the field'. May we live our lives in the shadow of God's wisdom and in the sunshine of his love.

Donal Neary S.J. Editor, Sacred Heart Messenger

Jesus' Story

Fr. Liam Hickey

Jesus asked his friends to go and tell all the people that God's name is Love, for everyone, everywhere. Jesus said "When people don't want to listen, or don't agree, do not get angry, or try to force them." Every person is God's choice, and is made different and is to be respected. Jesus said "Just leave, walk away." When the Saint met an angry man, he asked the angel of the angry man to help him. It is good to have a short prayer like "Jesus help me" when we run into fear or trouble.



PRAYER OVER THE OFFERINGS

Look upon the offerings of the Church, O Lord, as she makes her prayer to you, and grant that, when consumed by those who believe, they may bring ever greater holiness. Through Christ our Lord.

EUCCHARISTIC PRAYER

The Lord be with you.
 And with your spirit.
 Lift up your hearts.
 We lift them up to the Lord.
 Let us give thanks to the Lord our God.
 It is right and just.

SANCTUS

Holy, Holy, Holy Lord God of hosts.
 Heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is he who comes in the name of the Lord. Hosanna in the highest.

AFTER THE CONSECRATION

The mystery of faith.
 Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

INVITATION TO HOLY COMMUNION

Behold the Lamb of God,
 Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

Having consumed these gifts, we pray, O Lord, that, by our participation in this mystery, its saving effects upon us may grow. Through Christ our Lord.

CONCLUDING RITE

The Lord be with you.
 And with your spirit.
 May almighty God bless you in his kindness and pour out saving wisdom upon you.
 Amen.

May he nourish you always with the teachings of the faith and make you persevere in holy deeds.
 Amen.
 May the blessing of almighty God, the Father, and the Son, ✠ and the Holy Spirit, come down on you and remain with you for ever.
 Amen.

Go in peace, glorifying the Lord by your life.
 Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
 Your words are spirit, Lord, and they are life:
 you have the message of eternal life.
 Alleluia!

GOSPEL Mark 6: 7 - 13

A reading from the holy Gospel according to Mark

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff - no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord.
 Praise to you Lord Jesus Christ.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

All bow for following two lines:

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.
 Amen.



LITURGY OF THE EUCHARIST

Pray brothers and sisters,
 May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

RESPONSORIAL PSALM Ps. 84: 9 - 14

R. Let us see, O Lord, your mercy and give us your saving help.

1. I will hear what the Lord God has to say, a voice that speaks of peace, peace for his people. His help is near for those who fear him and his glory will dwell in our land. (R)
2. Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. (R)
3. The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps. (R)

SECOND READING Ephesians 1:3 - 14 (*shorter version 1:3-10)

A reading from the letter of St. Paul's to the Ephesians

*Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ.

Before the world was made, he chose us, chose us in Christ, to be holy and spotless, and to live through love in his presence, determining that we should become his adopted sons, through Jesus Christ, for his own kind purposes, to make us praise the glory of his grace, his free gift to us in the Beloved, in whom, through his blood, we gain our freedom, the forgiveness of our sins.

Such is the richness of the grace which he has showered on us in all wisdom and insight.

He has let us know the mystery of his purpose, the hidden plan he so kindly made in Christ from the beginning to act upon when the times had run their course to the end: that he would bring everything together under Christ, as head, everything in the heavens and everything on earth.*

And it is in him that we were claimed as God's own, chosen from the beginning, under the predetermined plan of the one who guides all things as he decides by his own will; chosen to be, for his greater glory, the people who would put their hopes in Christ before he came.

Now you too, in him, have heard the message of the truth and the good news of your salvation, and have believed it: and you too have been stamped with the seal of the Holy Spirit of the Promise, the pledge of our inheritance which brings freedom for those whom God has taken for his own, to make his glory praised.

The word of the Lord.
 Thanks be to God.

ENTRANCE ANTIPHON

As for me, in justice I shall behold your face; I shall be filled with the vision of your glory.

GREETING

In the name of the Father..... Amen.
 The Lord be with you. And with your spirit

PENITENTIAL ACT

Lord Jesus, you came to reconcile us to one another and to the Father: Lord, have mercy. Lord, have mercy.
 Lord Jesus, you heal the wounds of sin and division: Christ, have mercy. Christ, have mercy.
 Lord Jesus, you intercede for us with your Father: Lord, have mercy. Lord, have mercy.
 May almighty God have mercy on us forgive us our sins, and bring us to everlasting life. Amen.

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.
 Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.
 For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

OPENING PRAYER

O God, who show the light of your truth to those who go astray, so that they may return to the right path, give all who for the faith they profess are accounted Christians the grace to reject whatever is contrary to the name of Christ and to strive after all that does it honour. Through our Lord.....

LITURGY OF THE WORD

FIRST READING Amos 7: 12 - 15

A reading from the prophet Amos
 Amaziah, the priest of Bethel, said to Amos: 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets,' Amos replied to Amaziah. 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."'

The word of the Lord.
 Thanks be to God.